

VALLEY HOPE ASSOCIATION

TREATING THE CHEMICALLY DEPENDENT AND THEIR FAMILIES FOR OVER 40 YEARS

Valley Hope offers a wide range of treatment services tailored to meet the needs of chemically dependent people and their families. Individualized treatment options range from a traditional 30-day residential program to a continuum-of-care model with variable lengths of stay. This continuum-of-care model allows individuals to move from more to less structured treatment in both residential and outpatient settings, in accordance with each person's clinical needs and treatment preferences. Valley Hope's treatment options include:

Residential Treatment

- Nine free-standing treatment facilities in seven states
- State licensed and/or JCAHO Accredited
- Facilities in KS, MO and NE treat persons ages 16+
- Facilities in AZ, CO, OK, and TX treat persons ages 18+
- Medically Monitored Detox
- Residential and Partial/Day Treatment
- Evaluations/Assessments
- Family Treatment
- Accepts Most Major Forms of Insurance



Outpatient Treatment

- Outpatient services provided both in-person and online
- State licensed and/or JCAHO Accredited
- Facilities in KS, MO and NE treat persons ages 16+
- Facilities in AZ, CO, OK, and TX treat persons ages 18+
- Six-week Intensive Outpatient Program
- Relapse Prevention/Continuing Care
- Evaluations/Assessments
- Family Treatment
- Accepts Most Major Forms of Insurance

Valley Hope believes alcoholics and addicts should be treated in an environment that provides support and respect while promoting personal choice and personal responsibility. Chemically dependent people and their families need healing and attention to many areas, especially the physical, mental, spiritual and social areas of their lives. Valley Hope's treatment program is grounded in the principles of 12-step recovery. In residential treatment, each person is assigned a primary counselor for individual counseling sessions, as well as a chaplain to assist with step work and spiritual (non-denominational) growth. All residential facilities offer a full array of medical monitoring services including 24-hour on-site nursing care. Additional medical care is provided by our network of competent and caring physicians and nurse practitioners. In outpatient treatment, each person is assigned a primary counselor who is available for individual sessions and the option of working individually with a chaplain. An individualized treatment plan is designed to provide the right combination of support to help the person learn to live life sober and happy. It is important to recognize that many of our treatment services occur in a group setting and environment, so that the chemically dependent person spends time with other people affected by the same chronic disease and problems. In addition, family treatment is offered and encouraged at every level of care. Residential treatment includes the option of a formal five-day Family Week program designed to provide support and meet the needs of family members. Family regularly participates in weekend programming or for shorter periods of time, when a full week of family treatment is not possible. Family is also encouraged to attend outpatient sessions and to become involved in their own 12-step support program.

The goal of Valley Hope is to help all chemically dependent people and their families receive treatment. We understand how difficult making the decision to enter treatment can be. Our admissions staff is available 24/7 so that when the chemically dependent person is ready to enter treatment, we are there. Our staff is ready and willing to listen in an effort to find the best placement for each person who contacts one of our facilities. If for some reason it is determined that a treatment facility other than Valley Hope will better meet the needs of the patient, we will assist the person and their family with an appropriate referral. For those people who do receive treatment at Valley Hope, we strive to provide an admission process that is easy and quick. We also offer a variety of programs and payment options to assist with the cost.

Valley Hope offers Fly to Recovery for those people who do not live near one of our residential treatment facilities. With the Fly to Recovery program, Valley Hope will assist with making flight arrangements for the chemically dependent person and include the cost of the flight in the final bill upon discharge. Regional and national companies and EAP's are discovering that the Fly to Recovery treatment option offered by Valley Hope provides for high quality reasonably priced treatment regardless of where the chemically dependent person lives or works.

In addition, Valley Hope offers outpatient services through Accessible Care and Effective Support Services (AC/ESS). AC/ESS includes a blend of on ground/face-to-face therapy, phone therapy, online treatment and structured support and monitoring. The AC/ESS program is a flexible alternative to face-to-face treatment that allows chemically dependent people and their families to receive outpatient treatment services that do not conflict with their busy schedules and other commitments. Individuals can complete Intensive Outpatient treatment or Continuing Care via the AC/ESS program. There is also a family program offered through AC/ESS.

For more information, please call 800-654-0486 or visit our website at www.valleyhope.org.

Our Mission Statement:

To provide a quality continuum of comprehensive treatment and related services, in a caring atmosphere and at a reasonable price, for all people experiencing problems with alcohol or other drug use. The purpose of providing those services is to improve the quality of life of those receiving services, as measured by abstinence from alcohol and other involved substances, as well as by increased life satisfaction, improved family relationships, marital stability, job and career performance, and financial stability.

This mission may be pursued in any geographic location, limited only by need and Valley Hope's ability to respond to that need.

Who We Are

The Valley Hope Association is a nationally-acclaimed not-for-profit organization dedicated to providing quality alcohol and drug addiction treatment services at an affordable price. We operate a network of residential and outpatient treatment facilities in seven states – Arizona, Colorado, Kansas, Missouri, Nebraska, Oklahoma, and Texas.

At Valley Hope, we offer a continuum of effective treatment services. Our professional, multi-disciplinary staff directs an individualized treatment plan grounded in 12-Step philosophy with a strong emphasis on family participation, spirituality (non-denominational), and continuing care placement. We see our patients as human beings with an illness, not a moral deficiency, and provide support in a loving and caring environment. Valley Hope is a treatment setting where love, concern and respect for the individual...and accepting responsibility...provide the cornerstones for recovery.



**VALLEY HOPE
ASSOCIATION**
A Not For Profit Organization
103 S. Wabash – P.O. Box 510
Norton, KS 67654-0510

www.valleyhope.org

Admissions: 1-800-544-5101

Arizona Facilities

Chandler Valley Hope – Residential 501 North Washington, PO Box 1839 Chandler, AZ 85225-1839 480-899-3335 Fax 480-899-6697 WATS 1-800-225-9778	Tempe Valley Hope – Outpatient Rio Sureno Medical Plaza 2115 East Southern Ave Tempe, AZ 85282-7503 480-831-9533 Fax 480-831-9564
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Dallas / Fort Worth Area

Grapevine Valley Hope - Residential 2300 William D. Tate Avenue Grapevine, TX 76051-3919 817-424-1305 Fax 817-424-1327	Grapevine Valley Hope - Outpatient 2300 William D. Tate Avenue Grapevine, TX 76051-3919 817-424-9013 Fax 817-329-0974
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Denver Area

Parker Valley Hope - Residential 22422 East Mainstreet, PO Box 670 Parker, CO 80134-0670 303-841-7857 Fax 303-841-6526	Denver Valley Hope – Outpatient 7108 South Alton Way, Bldg A Centennial, CO 80112 303-694-3829 Fax 303-694-3846
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Kansas City Area

Atchison Valley Hope – Residential 1816 North Second St., PO Box 312 Atchison, KS 66002-0312 913-367-1618 Fax 913-367-6224	Mission Valley Hope – Outpatient 5410 West 58th Terrace Mission, KS 66205-2856 913-432-4037 Fax 913-432-0406
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Missouri Facilities

Boonville Valley Hope - Residential 1415 Ashley Road, PO Box 312 Boonville, MO 65233-0398 660-882-6547 Fax 660-882-2391	St. Louis Valley Hope - Outpatient 12777 Olive Blvd., Ste C St. Louis, MO 63141 314-514-9220 Fax 314-514-9237
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Nebraska Facilities

O'Neill Valley Hope - Residential 1421 North 10th Street, PO Box 918 O'Neill, NE 68763-0918 402-336-3747 Fax 402-336-3096	Omaha Valley Hope - Outpatient 7703 Serum Ave Ralston, NE 68127 402-991-8824 Fax 402-991-3486
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Norton, Kansas

Norton Valley Hope Residential/Outpatient 709 West Holme (Hwy. 36), PO Box 366 Norton, KS 67654 785-877-5101 Fax 785-877-3903	AC/ESS Services – Online 103 South Wabash Norton, KS 67654 785-874-5223 Fax 785-874-5362
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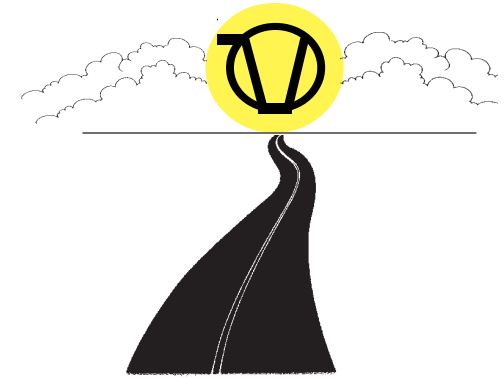
Oklahoma City Area

Cushing Valley Hope - Residential 100 South Jones, PO Box 472 Cushing, OK 74023-0472 918-225-1736 Fax 918-225-7742 WATS 1-800-722-5940	Oklahoma City Valley Hope - Outpatient 6110 Northwest 63rd Oklahoma City, OK 73132 405-946-7337 Fax 405-942-5028
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Wichita Area

Moundridge Valley Hope – Residential Wedel Recovery Center 200 S. Avenue B P.O. Box 956 Moundridge, KS 67107	Wichita Valley Hope – Outpatient 901 West Douglas Wichita, KS 67213-4783 316-264-7369 Fax 316-264-7526
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VALLEY HOPE ASSOCIATION



**THE
ROAD TO
RECOVERY
STARTS HERE**

**For information or
admissions call:
1-800-544-5101**

www.valleyhope.org

At Valley Hope, we provide the help and hope of living in recovery from addiction to alcohol or drugs through a continuum of quality, affordable treatment services in a caring atmosphere. We've done just that for hundreds of thousands of individuals and family members since 1967. Find the hope of recovery...and the help in making it a reality today at Valley Hope..



NAATP
National Association of Addiction
Treatment Providers